

## **EPA MENTAL HEALTH AND INTELLECTUAL DISABILITIES (MHID) SECTION REPORT 2018**

### **SECTION COMMITTEE MEMBERS:**

Chairperson: Dr. Krzysztof KRYSTA  
Co-chairperson: Dr. Michael - Mark THEIL  
Secretary: Dr. Bhathika PERERA  
Councillor: Dr. Kenneth COURTENAY

### **LAST SECTION COMMITTEE ELECTIONS HELD:**

Date: 26th November 2018  
Venue: EPA MHID section meeting at Braunschweig, Germany.

### **ACTIVITIES OF THE SECTION IN 2018:**

#### **Meetings/events**

#### **EPA Congress 2018- Nice, France**

##### **Description:**

MHID Section of EPA organised a Workshop on Diagnosing Autism in adults. This workshop focused on prevalence of autism, diagnosing autism, associated comorbidities, sensory processing disorder in people with autism and management of autism. It was well received with an attendance of nearly 100 participants.

**Venue:** EPA Congress 2018- Nice, France

**Date:** 04/03/2018

**Attendance:** nearly 100 participants

#### **EPA Congress 2018- Nice, France**

##### **Description:**

MHID Section of EPA organised an 'Ask the Expert session' on 'Caring for people with intellectual Disabilities'. This helped to promote the importance of diagnosing Intellectual disability and associated mental disorder and challenges in clinical practice.

**Venue:** EPA Congress 2018- Nice, France

**Date:** 04/03/2018

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### **Symposium by MHID Section at the ID Conference in Braunschweig, Germany 2018.**

#### **Description:**

The section held their first session on MHID at the ID conference themed 'Medical care for people with disabilities - 150 years ESN' on 26th and 27th November 2018 in Braunschweig, Germany. This event was chaired by Dr. M.-M. Theil (Germany). Prof. A. Strydom (UK), Dr. B. Perera (UK) and Dr. K. Krysta (Poland) from MHID Section presented at this conference.

Symposium topics were,

Alzheimer's disease in Down syndrome: From APP discovery to cure- Prof A Strydom, Kings College, London

ADHD in People with Intellectual Disability-The forgotten diagnosis- Dr B Perera, Barnet, Enfield and Haringey Mental Health trust, London

Telepsychiatry and virtual reality in the rehabilitation of people with Intellectual disability and ASD- Dr K. Krysta, Medical University of Silesia, Poland.

**Venue:** Braunschweig, Germany

**Date:** 27 November 2018

**Attendance:** nearly 100 participants

### **MHID Section symposium at the Polish Psychiatric Congress, Wisla, Poland, December 2018**

#### **Description:**

MHID Section held a session at the Polish Psychiatric Congress in Wisla, Poland in 07th December 2018. This was organised by Dr Krzysztof Krysta.

Topics presented were:

Stereotypes among people with Intellectual disability- Anna Gutowska

Coexistence of autism and ADHD- Piotr Gorczyca, Paweł Dębski

Stigmatisation of people with Autism- Agnieszka Bratek, Krzysztof Krysta

Working with parents of intellectually disabled children in institutions. Marc Hermans

#### **Partners:**

Polish Psychiatric Association

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**Venue:** Wisla, Poland

**Date:** 07/12/2018

### **CALENDAR OF ACTIVITIES FOR FUTURE YEARS:**

MHID Section is planning a workshop on Women and autism at the EPA 2019.

MHID section has submitted a proposal for a MOOC. This is aimed to improve knowledge and increase awareness on understanding and managing people with Intellectual disabilities. Section is currently waiting to hear the outcome.

MHID section members have offered North London ID services as a placement for the 'Gaining experience programme'.

MHID Section is working on the European Guidance paper on MHID and aiming to submit in Summer 2019.

### **FUNDING IN 2018**

Income: Nil

Source(s) of funding:

Nil

Expenditure: Nil

Balance: Nil

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No